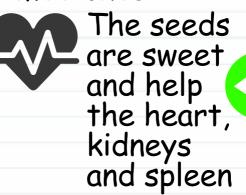
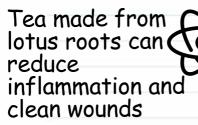
## Benefits of a Lotus Flower

## **Health Benefits**

The roots, seeds and leaves are used for medicnes







Fun Facts





The petals only grow to be 49 inches



The leaves can grow to be 20 inches long



Lotus flowers are sacred in Buddhism

